



July 2023

Inside this Issue

- 1 AA in the AV45/
Carrying the Message
- 2 Step 7 / 7th Tradition
- 3 7th Concept/ Word
Game
- 4 Manager's Report

AV Intergroup of AA
43619 N. 17th Street West,
Suite 106
Lancaster, CA 93534
661-945-5757
17th Street West / Avenue K

Central Office Web Site:
www.avcentraloffice.org
Central Office Email:
avcentraloffice@gmail.com

Email Scoop submissions:
Jessica Christman
Jchr93551av@gmail.com

Please limit submissions to 500

The Scoop

AA in the AV 45

AA in the AV 45
By Bruce L.
District 7 Archivist

Hello dear readers;

In our second installment of our history of the Wednesday Night AV Men's Stag, we have some new data regarding the historical start date of the meeting. In last month's Scoop we said we didn't know when the meeting started but that one of our members, John C, who began attending the AV Men's Stage at Ernie McBride's used car lot in 1973, said his best guess was the meeting probably started sometime in 1971.

Now, thanks to the Men's Stag's General Service Representative (GSR) Keith H., we have some new information, a current list of meetings in District 7 with their historical start dates, as far as can be known. That list gives the start date of the AV Men's Stag as January 22, 1973, which would mean the AV Men's Stag is fifty years old this year!

That date may well be accurate, but we have not confirmed it through other sources. We need to do more research and we hope to nail it down. Stay tuned.

Group ID	Name
000115963	Frndly Vly Sat Nite Candlelight Gp
000113592	Antelope Valley Group
000093268	Antelope Valley Mens Stag Grp
000054227	Rafters Group
000122025	Toluca Lake Womens Disc Group

Cod	Language	History Date	FN
	English	8/10/1972	
535	English	1/18/1960	
	English	1/22/1973	
322	English	2/10/1975	

See you next month,
Bruce L.

Carrying the message of experience, strength, and hope as the Panel Coordinator of Lake Hughes and interim Coordinator for Leona Valley Recovery Center has been a gratifying experience to me. I recently attended the H&I business meeting and heard Leona Valley has a new inpatient recovery center. It didn't take long for A.A. member, Paul B., to step up and take over as permanent coordinator.

Regarding the joys of H&I work, I will share with you a favorite experience at a panel which was recent. During a morning at Leona Valley panel, a lady had been at the center for 20

days. At the beginning of the meeting, she told us she intended to leave the facility that day; her mind was made up.

As the four of us were sharing, the lady interrupted in the middle of the meeting; she stated, "I was going to leave, but hearing your personal experiences, gave me hope, and I have decided to stay." I found out after the meeting is that she is from out of state and the light in her eyes told me that she heard something she related to. I teared up. That is the gift of H&I work.

I suggest to residents, "While they are in rehab," to focus on being here and not on being in the outside world. Getting a sponsor on the outside will come in God's time. While you are here in rehab, work with the counselors, and the other residents. It will prepare you for when you leave. It is essential training for the outside world.

God will take care of your family while you care for yourself.

I take Big Books, meeting directories, and my contact cards to panels to hand out. My card has my contact information, a message, and on the back are the principles behind the steps. I have found over the years that many do not know what the principles are. It is a great reminder and makes for a good bookmark! Most do not know why we do these steps. When they turn the card over, there is an answer. The amazing part is

answering the phone from residents and getting calls from newcomers- those that I have just sent a message to; Hope.

If you have not had the pleasure of being of service through H&I, please take this opportunity to share your experience, strength, and hope so that others can receive the hope of recovery through AA.

-John B., A.A. 11-25-2014

Step 7

"Humbly asked Him to remove our shortcomings."

Since this Step so specifically concerns itself with humility, we should pause here to consider what humility is and what the practice of it can mean to use.

Indeed, the attainment of greater humility is the foundation principle of each of A.A.'s Twelve Steps. For without some degree of humility, no alcoholic can stay sober at all. Nearly all A.A.'s have found, too, that unless they develop much more of this precious quality than may be required just for sobriety, they still haven't much chance of becoming truly happy. Without it, they cannot live to much useful purpose, or, in adversity, be able to summon the faith that can meet any emergency.

Humility, as a word and as an ideal, has a very bad time of it in our world. Not only is the idea misunderstood; the word itself is often intensely disliked. Many people haven't even a nodding acquaintance with humility as a way of life. Much of the everyday talk we hear, and

a great deal of what we read, highlights man's pride in his own achievements.

Last paragraph on Step 7 in the 12x12: The Seventh Step is where we make the change in our attitude which permits us, with humility as our guide, to move out from ourselves toward others and toward God. The whole emphasis of Step Seven is on humility. It is really saying to us that we now ought to be willing to try humility in seeking the removal of our others shortcomings just as we did when we admitted that we were powerless over alcohol,, and came to believe that a Power greater than ourselves could restore us to sanity. If that degree of humility could enable us to find the grace by which such a deadly obsession could be banished, then there must be hope of the same result respecting any other problem we could possibly have.

The 7th Tradition

"Every A.A. group ought to be fully self-supporting, declining outside contributions."

Self-supporting alcoholics? Who ever heard of such a thing? Yet we find that's what we have to be. This principle is telling evidence of the profound change that A.A. has wrought in all of us. Everybody knows that active alcoholics scream that they have no troubles money can't cure. Always, we've had our hands out. Time out of mind we've been dependent upon somebody,

usually moneywise. When a society composed entirely of alcoholics says it's going to pay its bills, that's really news.

Seventh Concept:

The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purse for its final effectiveness.

The General Service Conference of Alcoholics Anonymous is the guardian of the World Services and of the Twelve Traditions of Alcoholics Anonymous. The Conference shall be a service body only; never a government for Alcoholics Anonymous.

The General Service Board of Alcoholics Anonymous shall be an incorporated Trusteeship composed of alcoholics and nonalcoholics who choose their own successors, these choices being subject, however, to the approval of the Conference or a committee thereof. Alcoholic out-of-town Trustees are, however, first nominated by their areas or by their State or Provincial Committees after being cleared by the Conference Nominating Committee.

The Conference will advise with the Trustees, Directors and Staff members of the Headquarters upon all matters presented as affecting A.A. as a whole, engage in debate, appoint necessary committees and pass suitable resolutions for the advice or direction of the General Service Board and the Headquarters.

The Conference may also discuss and recommend appropriate action respecting serious deviations from A.A. Tradition or harmful misuse of the name, "Alcoholics Anonymous."

Most A.A. members are

primarily interested in their groups, in their own sobriety, and in helping other drunks one-on-one. And that is as it should be. While the work of general service has precisely the same objective-carrying the message to the alcoholic who still suffers-the connection is not always direct or obvious. Some stimulators are usually needed to get the attention of A.A. members-to show them that service can add rich dimension to their sober lives and Twelfth Step work, and that their participation is vital to the future of AA.

Word Game

D E S T I N Y C E U W W G H T
 B W E H I G H L I G H T S V B
 M I M T U S I W N P Q Z D L E
 W D P I O Z V N O Q B S E B C
 L A E I S N G T T I Q G G L O
 P J T P T U D P I E J Q R L M
 P R E T R O N N T S N F E C I
 S S E E A E O D O B B S E G N
 H E E C S I C K E D L K E J G
 A C G E I K N I C R D M M L A
 P U T M A O I M A A S I E A Y
 E R U S U V U J E T K T N V F
 D I D B K Q E S D N E P O G G
 H T P Z I J S E D X T F F O P
 G Y E A N C Z I V N Q A P E D

Misunderstood

Intensely

Nodding

Security

Attainment

Depreciate

Destiny

Degree

Highlights

Precious

Becoming

Shaped

July 2023 Office Manager Report

	Jan - May	Jun	YTD Total
Sales of Goods	\$19,418.52	\$4,750.14	\$24,168.66
Expenses	(\$24,958.02)	(\$4,444.87)	(\$29,402.89)
Cost of Goods	(\$23,535.96)	(\$3,336.36)	(\$26,872.32)
Contributions	\$16,654.17	\$2,250.16	\$18,904.33
Net Income	(\$12,421.29)	(\$780.93)	(\$13,202.22)



Contributions

Group	Jan - May	Jun	Total
A Gathering of Women	\$697.39		\$697.39
AM/Mid-Day Mod	\$3,262.89	\$266.47	\$3,529.36
Anonymous	\$1,217.00	\$753.98	\$1,970.98
Any Lengths Group	\$80.00		\$80.00
AV Hospital	\$350.00		\$350.00
AV Men's Stag	\$736.00	\$337.00	\$1,073.00
AV Roundup	\$2.00		\$2.00
AVYPAA	\$14.59		\$14.59
Birthday	\$151.00		\$151.00
Cal City Clubhouse	\$250.00		\$250.00
Came to Believe - Alano Club	\$0.00		\$0.00
Crown Valley Group	\$350.00		\$350.00
Daily Reflections	\$0.00		\$0.00
Dare to be Different - Alano Club	\$0.00		\$0.00
District 7	\$441.23		\$441.23
Faithful Fiver	\$450.00	\$5.00	\$455.00
Friday Noon - Alano	\$0.00		\$0.00
High Desert BB Grp	\$1,921.25		\$1,921.25
Intergroup Fundraisers	\$920.00		\$920.00
Into Action	\$686.50		\$686.50
Joe & Charlie Book Study - Alano	\$0.00		\$0.00
Lake Hughes Group	\$277.00		\$277.00
New Beginnings	\$0.00		\$0.00
Open Door	\$600.00		\$600.00
Open Participation	\$0.00		\$0.00
Palmdale Grp	\$933.47	\$92.59	\$1,026.06
Palmdale Grp Mon Noon 12 & 12	\$45.00		\$45.00
Pearblossom Grp	\$0.00		\$0.00
PM Mod	\$94.00	\$202.00	\$296.00
Quartz Hill Unity Grp	\$640.00	\$130.00	\$770.00
Rainbow Grp	\$0.00		\$0.00
Recovery @ The Ranch	\$0.00		\$0.00
Rosamond Sun Night	\$153.00		\$153.00
Rule 62 Grp	\$50.00		\$50.00
Sat Spkr Mtg - Alano	\$0.00		\$0.00
Sobriety Rocks	\$0.00		\$0.00
Step Workshop Meeting	\$0.00		\$0.00
Sun Night BBS	\$135.00	\$72.00	\$207.00
The Promises - Alano Club	\$0.00		\$0.00
Thurs Night Step Study	\$100.00		\$100.00
Tuesday Topic Mtg - Alano	\$0.00		\$0.00
Unity Group	\$0.00		\$0.00
Wed Night BBS	\$86.36		\$86.36
Westside Grp	\$104.00		\$104.00
Women in Recovery	\$0.00		\$0.00
Women Seeking Serenity	\$101.00	\$44.00	\$145.00
Sober Sisters	\$0.00		\$0.00
<i>Digital Contributions</i>	<i>\$1,805.49</i>	<i>\$347.12</i>	<i>\$2,152.61</i>
TOTALS	\$14,848.68	\$2,250.16	\$16,751.72

Brianna W.	7/21/2019	4	Gary G.	7/11/2003	20
Trish J.	7/16/2018	5	Marc A.	7/28/2003	20
Kevin B.	7/10/2014	9	Mary A.	7/1/2003	20
Melissa M.	7/14/2013	10	David S.	7/5/2002	21
Eric R.	7/10/2012	11	Kelly O.	7/5/2001	22
Lisa L.	7/24/2012	11	Peter U.	7/24/2001	22
Angela J.	7/5/2011	12	Samuel G.	7/23/2001	22
Cathy W.	7/6/2011	12	Martie M.	7/31/2000	23
Deanna R.	7/11/2011	12	Rebecca S.	7/6/2000	23
Eric M.	7/11/2011	12	Val H.	7/24/2000	23
Donna T.	7/18/2011	12	Alicia B.	7/10/1999	24
John S.	7/7/2011	12	David L.	7/1/1999	24
Mark P.	7/13/2011	12	Gordy S.	7/11/1999	24
Heather D.	7/4/2010	13	Jeff H.	7/7/1999	24
Janet P.	7/28/2010	13	Andrew H.	7/15/1998	25
Natasha H.	7/28/2010	13	Myrna T.	7/5/1998	25
Paula T.	7/23/2010	13	Mike G.	7/7/1997	26
Reyna H.	7/17/2010	13	Cottrell O.	7/19/1997	26
Rusty R.	7/4/2010	13	Jimmv R.	7/20/1996	27
Stacia V.	7/2/2010	13	Lydia V.	7/27/1996	27
David W.	7/6/2009	14	Terry M.	7/15/1996	27
Dean M.	7/30/2009	14	Addie T.	7/14/1995	28
Jamie B.	7/27/2009	14	Bill G.	7/4/1995	28
John P.	7/5/2009	14	Charles A.	7/27/1995	28
Melinda W.	7/4/2008	14	Aaron A.	7/20/1994	29
Bill G.	7/22/2008	15	Pete K.	7/14/1994	29
Carol C.	7/19/2008	15	Mike B.	7/6/1992	31
Catherine J.	7/3/2008	15	Stephanie M.	7/8/1992	31
Randy D.	7/2/2008	15	Valentina S.	7/25/1992	31
Steven V.	7/27/2008	15	Brenda C.	7/17/1991	32
Susan C.	7/28/2008	15	Dick O.	7/15/1991	32
Yvette L.	7/19/2008	15	Jerry L.	7/4/1990	33
Anna N.	7/15/2007	16	John W.	7/5/1990	33
Anthony H.	7/5/2007	16	Rebecca R.	7/9/1990	33
Deena R.	7/13/2007	16	Herb S.	7/3/1989	34
John Carnev	7/19/2007	16	Sandra West	7/8/1989	34
Michael L.	7/9/2007	16	Debbie S.	7/3/1988	35
Nancy C.	7/25/2007	16	Diana C.	7/25/1987	36
Pat G.	7/6/2007	16	Len T.	7/30/1987	36
Scott C.	7/16/2007	16	Lorraine	7/30/1987	36
Talisa C.	7/16/2007	16	Marian G.	7/12/1987	36
Valerie D.	7/17/2007	16	Frank L.	7/16/1986	37
Bryan A.	7/5/2006	17	Jeanie S.	7/22/1986	37
Joe King	7/11/2006	17	Val D.	7/11/1986	37
Kim J.	7/11/2006	17	Susan H.	7/10/1985	38
Polly P.	7/26/2006	17	H. M. Mc.	7/1/1984	39
Rebecca E.	7/4/2006	17	Larry R.	7/7/1981	42
Richard L.	7/10/2006	17	Luanne	7/16/1981	42
Jeremee	7/21/2005	18	Kate M.	7/28/1978	45
Monica M.	7/20/2005	18	Jerry G.	7/28/1976	47
Tammie M.	7/22/2005	18	Mike H.	7/21/1976	47
Lynn K.	7/1/2004	19			
Diane C.	7/25/2003	20			

**Get your groups birthday list to Central Office
... That's how they appear here!**

Total Years = 2,306

Managers Corner

Have you considered participating in the **Faithful Fivers** club of alcoholics who are so grateful for our sobriety we want to share it with others? SIGN UP TODAY!!



Thank You Saturday Volunteers!!

- 1st ~ Larry W. & Vacant
- 2nd ~ Wendy W. & Laura Linn
- 3rd ~ Joni R & Vacant
- 4th ~ Katie H. & Vacant
- 5th ~ Stephanie S. & Vacant

Thank you for allowing me to be of service!!

Jeffrey Harlow

Don't forget to visit us on the Web!

